Lesson 19: Solving Classroom Problems



What Is My Child Learning?

Your child is learning to use Problem-Solving Steps.

Why Is It Important?

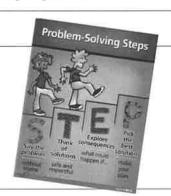
Using the Problem-Solving Steps helps children solve difficult problems, like dealing with negative peer pressure.

Ask your child: What are the Problem-Solving Steps?

Read Together

When you have a problem, using the Problem-Solving Steps can help you remember what to do!

- S: Say the problem without blame.
- T: Think of solutions.
- E: Explore consequences.
- P: Pick the best solution.



Practice Together: Problem? Solved!

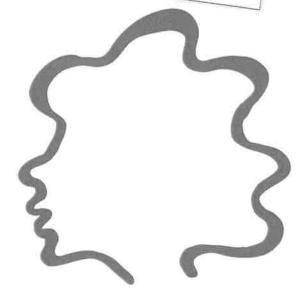
Practice using the Problem-Solving Steps to solve a common problem in your household.

- 1. Think about common problems in your household. Agree on one to solve together.
- **2.** Each write down the problem from your perspective inside one of the profiles below.
- **3.** Check for blaming words.
- 4. Write one problem statement without blame.
- 5. Use the Problem-Solving Steps to find a solution together.
- 6. Make a plan to put your solution into action. Problem solved!

Blaming Words

- · Always
- Never
- You made me...
- Because of you...
- It's your fault...





Our problem statement:				
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(CHILD'S NAME)

(DATE)

(ADULT'S SIGNATURE)