



Name: _____

You are a delivery person. But you are no ordinary delivery person—you're a *compassion* delivery person! It's your job to deliver compassion to those in need. With an adult family member, think of something compassionate you can do for another family member or neighbor. Write down what you will do below, then do it!

My Compassion Delivery Plan

Who can I show compassion to? _____

What can I do to show compassion for this person? _____

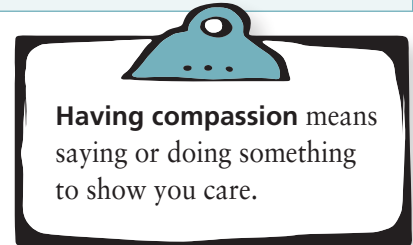
When will I do it? _____

☐ Check here after you've delivered your compassion.

How did your compassion "delivery" make the recipient feel? _____

How did it make you feel? _____

This homework assignment was completed on _____ | _____
(DATE) (ADULT SIGNATURE)



Having compassion means saying or doing something to show you care.